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Navient designated Health Champion by the American Diabetes Association

WILMINGTON, Del., March 10, 2016 (GLOBE NEWSWIRE) -- Navient, the nation's leading loan management, servicing and asset recovery company, received the Health Champion Designation for the company's two Delaware locations yesterday from the American Diabetes Association. This designation recognizes companies and organizations that inspire and encourage organizational wellbeing. The recognition is part of the Association's Wellness Lives Here SM initiative, which educates and motivates people to adopt healthful habits to reduce the impact of obesity and type 2 diabetes.

A photo accompanying this announcement is available at http://www.globenewswire.com/NewsRoom/AttachmentNg/baef1a45-01ca-483b-86c6-58f2a4faa855

"At Navient, we take a holistic approach to wellbeing with a commitment to providing resources that empower our employees to become aware of their wellbeing and the steps necessary to achieve their goals," said Christie Susi, director, Navient, who received the award. "Our program was created to positively assist our employees with enhancing their emotional, physical and financial health."

Navient's Wellbeing Program provides resources and opportunities to encourage and assist employees in maintaining a healthy lifestyle, such as onsite health screenings, weight management programs, and a tobacco cessation program. The Wellbeing Program also includes a portal which allows employees to track their steps, complete targeted health challenges, participate in volunteer activities, encourage preventative care visits and more while earning points towards quarterly incentives.

To qualify for the Health Champion Designation, a company or organization must meet the healthy living criteria in three areas, including providing nutrition and weight management resources, physical activity opportunities and organizational wellbeing options.

In 2012, 29.1 million Americans, or 9.3 percent of the population had diabetes, according to data from the Centers for Disease Control and Prevention.

Learn more about the American Diabetes Association.

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About Navient

As the nation's leading loan management, servicing and asset recovery company, Navient (Nasdaq:NAVI) helps customers navigate the path to financial success. Servicing more than \$300 billion in student loans, the company supports the educational and economic achievements of more than 12 million Americans. A growing number of public and private sector clients rely on Navient for proven solutions to meet their financial goals. Learn more at navient.com.

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